

# Recognise Your Inner Awesome



Join us for a fun, action-packed Good2Great personal development workshop and learn simple ways to:

- Manage stress
- Support your friends
- Stand up for yourself
- Take charge of your thoughts, feelings and actions

**good2  
great**

Youthline | Coca-Cola  
Changing lives.

**One of these 2-day weekend events is heading your way.  
It's FREE and food is provided.**

**Register now at [www.good2great.co.nz](http://www.good2great.co.nz)**

WHERE: Hutton Theatre, Otago Museum, 419 Great King Street

WHEN: Saturday 24 AUGUST and Sunday 25 AUGUST 2019

TIME: 0830am to 4.30pm