

BAYFIELD HIGH SCHOOL FOOD AND NUTRITION POLICY

1. The school believes it is important that all students are encouraged to develop the knowledge and skills necessary to make nutritious and enjoyable food choices for their lifetime. To this end, the school will encourage an understanding of the value of good nutrition, hydration, physical activity and health lifestyle choices.
2. The school will appoint a Health Committee each year, comprising one or more staff members and senior students. The Committee will undertake projects to enhance student and/or staff wellbeing.
3. The school will offer all students, staff and families the opportunity to be involved in identifying and addressing nutrition-related health priorities as part of the biennial consultation on Health Education.
4. The school canteen will offer “value for money” food choices that are generally consistent with the New Zealand Food and Nutrition Guidelines and the Food and Beverage Classification System (www.fuelled4life.org.nz), and are prepared in an environment that adheres to food safety guidelines.

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| Next triennial review date | November 2021 |
| Policy area | NAG 3 (Personnel) and NAG 5 (Health and Safety) |
| Related legislation | Food Hygiene Regulations 1974 Education Act 1989 |
| Linked policies | N/A |
| Linked documentation | N/A |